

Name and Action Game

Impact: Facilitates participants learning each other's names; requires concentration while encouraging laughter

Risk: Low

Group Size: 6 or more

Time: 5 – 10 minutes

Directions:

- The group sits in a circle and claps on their laps to a certain rhythm.
- The group leader begins by saying their name and adding a simple action to the rhythm. The next person in the circle repeats the name(s) and action(s) already introduced and then adds their own. The game continues around the circle until participants have learned all the names.

Want More?

For more **name games**, please see our book *Growing Together* at thefoodproject.org/books.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at thefoodproject.org/institute.

