

Name Ripple

Impact: Encourages laughter and physical creativity while helping participants learn each other's names

Risk: Low to moderate

Group Size: 10 or more

Time Required: 5 – 10 minutes

Directions:

- The group stands in a circle. If the group is new, each person in the circle says their name to begin.
- Then the facilitator says the name of someone else in the circle and makes a corresponding motion, for instance "Ja-mil" with a low squat and a high jump.
- The person to the right of the facilitator then repeats the name and motion, followed by each successive person to the right repeating the name and motion one at a time like a wave.

Used with permission from *Spirit of Play*.

Want More?

For more **name games**, please see our book *Growing Together* at thefoodproject.org/books.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at thefoodproject.org/institute.

