

4-3-2-1 Goodbye

Impact: Closes an experience and brings the group together.

Risk: Low

Group Size: Any size

Time Required: 5 minutes

Directions:

- Teach the group the following beat/pattern: Clap 4 times, pause, clap 3 times, pause, clap twice, pause, and finally clap once. 1-2-3-4 1-2-3 1-2 1.
- Then stand in a circle; and all at once, perfectly together and in rhythm, clap together. It is a loud and powerful beat when done correctly.

Hint:

This is a good way to close a workshop or day. It visually and audibly demonstrates the power and cohesiveness of the group, punctuates the end, and flows nicely into applause for a great job done.

Option:

This activity can speak for itself, or you can process with the following questions:

- How did teamwork play a role in this activity?
- If people are not focused/committed, what happens?

Want More?

For more **closing activities**, please see our book *Growing Together*.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? [Attend one of our Institutes!](#)

